"Think TB"

The Maine Bureau of Health urges you to "THINK TB".

- Tuberculosis is spread by tiny germs that can float in the air.

- TB germs may spray into the air if a person with TB disease coughs, shouts or sneezes.

- If TB germs cause TB disease, the person needs medical help

- If you have TB you may: feel weak, cough a lot, cough up blood, have chest pain when you cough, lose your appetite, lose weight, have a fever, or sweat a lot at night.

- Only a doctor can tell you if you have TB disease

- Staff at this center can help you get a TB test

- TB tests are free and confidential

- TB is preventable and if you already have it, it can be cured.